



# ***FIGHT CAMP***

***HOW TO FIGHT THROUGH LIFE'S CHALLENGES***



## DAILY TRAINING SCHEDULE

### ***EPHESIANS 6:10-20 | DAILY PUT ON THE WHOLE ARMOR OF GOD***

10 A final word: Be strong in the Lord and in his mighty power. 11 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. 13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. 14 Stand your ground, putting on the belt of truth and the body armor of God's righteousness. 15 For shoes, put on the peace that comes from the Good News so that you will be fully prepared. 16 In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. 17 Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God. 18 Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere. 19 And pray for me, too. Ask God to give me the right words so I can boldly explain God's mysterious plan that the Good News is for Jews and Gentiles alike. 20 I am in chains now, still preaching this message as God's ambassador. So pray that I will keep on speaking boldly for him, as I should.



## AM ACTION STEP

Goals for the Day

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

What negative thoughts do I need to get rid of today?

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## PM ACTION STEP

**Meditate on my word “day and night.” Joshua 1:8–9**

### **Matthew 11:12 ESV**

From the days of John the Baptist until now the kingdom of heaven has suffered violence, and the violent take it by force.

### **Romans 4:17 NKJV**

17 (as it is written, “I have made you a father of many nations”) in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did;

### **Proverbs 18:21 NLT**

21 The tongue can bring death or life; those who love to talk will reap the Consequences.

### **James 4:7 NLT**

So humble yourselves before God. Resist the devil, and he will flee from you.

### **Genesis 1:28 NLT**

Then God blessed them and said, “Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground.”

### **Ephesians 3:20 NLT**

Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think.

### **Isaiah 54:17 NKJV**

17 No weapon formed against you shall prosper, And every tongue which rises against you in judgment You shall condemn. This is the heritage of the servants of the Lord, And their righteousness is from Me,” Says the Lord.

### **Romans 8:11 NKJV**

But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

### **Deut. 28:13**

“And the Lord will make you the head and not the tail, and you shall only go up and not down, if you obey the commandments of the Lord your God, which I command you today, being careful to do them,” Deut. 28:13



**2 Tim. 1:7**

"For God gave us a spirit not of fear but of power and love and self- control."

**Luke 6:38**

"Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you."

**Psalms 121:1-8**

"I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. The Lord is your keeper; the Lord is your shade on your right hand. The sun shall not strike you by day, nor the moon by night. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore."

**Isa. 45:2**

"I will go before you and level the exalted places, I will break in pieces the doors of bronze and cut through the bars of iron,"

**Luke 10:19**

"Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you."

**Acts 1:8**

"But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."

**James 1:5**

"If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."

**John 14:12**

"Truly, truly, I say to you, whoever believes in me will also do the works that I do; and greater works than these will he do, because I am going to the Father."



**List 3 things that you are thankful for.**

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2. \_\_\_\_\_
3. \_\_\_\_\_

**NOTES**

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**Proverbs 3:24 NLT**

**You can go to bed without fear; you will lie down and sleep soundly.**